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INFORMATION PACK 2023





2023 TIMETABLE



| SATURDAY | | | | |
|--------------|------------------|-----------|------------------|--|
| 8:15-9:15am | Ready Set Dance | Age 3 + 4 | Born 2019 / 2020 | |
| 9:15-9:45am | Ready Set Ballet | Age 3 + 4 | Born 2019 / 2020 | |
| 9:45-10:45am | Ready Set Dance | Age 3 + 4 | Born 2019 / 2020 | |

| WEDNESDAY | | | | |
|---------------|------------------|-----------|-------------------------|--|
| 9:15-10:00am | Ready Set Move | Age 1 + 2 | Born 2020 / 2021 / 2022 | |
| 10:00-11:00am | Ready Set Dance | Age 3 + 4 | Born 2019 / 2020 | |
| 11:00-11:30am | Ready Set Ballet | Age 3 + 4 | Born 2019 / 2020 | |

| THURSDAY | | | |
|---------------|-----------------|-----------|-------------------------|
| 9:15-10:00am | Ready Set Move | Age 1 + 2 | Born 2020 / 2021 / 2022 |
| 10:00-11:00am | Ready Set Dance | Age 3 + 4 | Born 2019 / 2020 |

Dancers move from Ready Set Move to Ready Set Dance when they turn 3

FREE TRIAL

You are invited to come along for a free trial as we know your little one will love our classes. To secure your spot head to www.starfactory.com.au and click enrol or just come along to lesson you would like to try and our lovely staff will assist you.

LOCATION

5 ROYCE COURT JOONDALUP THE STAR FACTORY

info@starfactory.com.au PH: 0410777060 www.starfactory.com.au

2022 Term Dates

Term 1 Saturday 4th February to Thursday 6th April

Term 2 Saturday 29th April to Thursday 29th June

Term 3 Saturday 15th July to Thursday 21st Sept

Term 4 Saturday 7th October to Thursday 14th Dec





Program Details





READY SET MOVE is a creative movement and music class for toddlers and their grown up. The class consists of 3 sections – ENGAGE, EXPLORE AND EXPRESS.

The ENGAGE section is a playful exploration of music, nursery rhymes, lap play and parachute fun.

The EXPLORE section is set up as a circuit around the room with stepping stones, tunnels and sensory activities designed to encourage investigation and build coordination skills.

The EXPRESS section of the class involves free dance movement which develops creativity with instruments, feathers and bubbles.

Join our community and learn new ways to interact with your toddler. Young children at this age are in the period of highest brain growth and development in their lifespan.

Participating in READY SET MOVE with the support of a grown up can make a significant contribution to play, development and learning. So come and bounce like a bunny, be slow like a sloth and create memories with your special little mover.



ENGAGE

with music and movement



EXPLORE

activities and play with <u>friends</u>



EXPRESS

creativity
and use
imagination





FAQ's



Who can participate in the classes?

Ready Set Move is an inclusive program that welcomes all grown ups. Mums, dads, grandparents and special friends can all join in the fun. We do ask that only ONE grown up accompanies each toddler to help us abide by space restrictions and requirements. Grown ups need to be physically able to sit on the ground, get up and down off the floor and lead toddlers through the exercises.

What age group does this class cater for?

This program is designed for toddlers/preschoolers from walking age to 3 years who are more comfortable attending class with a grown up.

What happens in the class?

The beginning of the class is the most structured part of the lesson. This circle time includes knee bounce nursery rhymes, the stretchy band, parachute fun and even some toddler aerobics. The next part of the class is a time for toddlers to be creative and use their imaginations playing instruments and our favourite animal dice game. In the third part toddlers love to crawl through tunnels, balance on beams and explore a variety of different activities around the room. The class concludes with a calm and connect song with our giant feathers or bubbles leading into sticker time.

What will my toddler learn?

The class has been created by experienced dance professionals, professional songwriters and early learning experts. There are benefits in every song! Our original mirror song is designed to teach toddlers the 16 hand gestures they should be developing by 16 months.

"Playful exploration of music and dance with the support of a familiar caregiver can make a significant contribution to play, development and learning"

- Dr Cathie Harrison, Early Childhood and Gifted Education Consultant.

Are the teachers qualified?

All teachers have their Working with Children Check and follow the program that is endorsed by early learning experts.









What does my toddler need to wear?

We have the official Ready Set Move T-shirt and shorts available at the studio for purchase. Black leggings or light tracksuit pants are also an option for toddlers who are sensitive to sitting on the dance flooring.

Does my toddler need special shoes?

No. There are no dance shoes required for this class. Comfortable sneakers work perfectly.

What should the participating grown up wear?

We have matching T-shirts available at the studio for purchase. You are also welcome to wear any clothes and sneakers that you feel comfortable being active in.

If we miss a class can it be made up on another day of the week?

You may swap days if you miss a class (as long as the make up class is not full). We do recommend that you avoid alternating days too much as preschoolers need the comfort of knowing that the same teacher and their friends will be there when they go to class.

How long should my toddler participate in this class?

The program is designed to be enjoyed for the full year in school terms. The content is adapted each term to create new and exciting experiences including seasonal celebrations. As toddlers build confidence and resilience, they can be transferred to the Ready Set Dance Level 1 program which is an independent style class done without a grown up.

Is there anything else I need to know before the first lesson?

Grown ups enjoy this class just as much toddlers! It's a great way to meet other families in your local area and learn new ways to engage with your toddler at home.

Get Ready for the fun!





FEES & UNIFORM



PRICES

| READY SET MOVE: | \$15 per class |
|-----------------|----------------|
| Enrolment Fee: | \$22 annually |

LOCATION

5 ROYCE COURT JOONDALUP
THE STAR FACTORY
Spacious, purpose built dance studios, air-conditioned, plenty of parking

UNIFORM

READY SET MOVE students will be required to wear the official READY SET MOVE Shirt. Shorts are available to purchase as well as the optional matching adult shirt.



ACCESSORIES

READY SET MOVE Toddlers may also like some of the super cute READY SET DANCE accessories.





